RHP 4
Regional Learning Collaborative
February 20, 2014

Dianne Longley, HMA

RHP Performing Providers

<table>
<thead>
<tr>
<th>21 RHP 4 Performing Providers</th>
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</thead>
<tbody>
<tr>
<td>Bluebonnet Trails Community Mental Health Center</td>
<td>Cuero Community Hospital</td>
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<tr>
<td>Camino Real Community Services</td>
<td>De Tar Hospital</td>
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<tr>
<td>Christus Spohn – Alice</td>
<td>Driscoll Children's Hospital</td>
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<td>Christus Spohn – Beeville</td>
<td>Gonzales Healthcare System</td>
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<td>Christus Spohn – Corpus Christi</td>
<td>Gulf Bend Center</td>
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<td>Christus Spohn – Kleberg</td>
<td>Jackson County Hospital District</td>
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<tr>
<td>Citizens Medical Center</td>
<td>Lavaca Medical Center</td>
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<tr>
<td>Coastal Plains Community Center</td>
<td>MHMR of Nueces County</td>
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<tr>
<td>Corpus Christi Medical Center</td>
<td>Otto Kaiser Memorial Hospital</td>
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<tr>
<td>Corpus Christi-Nueces County Public Health District</td>
<td>Refugio County Hospital District</td>
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<td>Yoakum Community Hospital</td>
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</tbody>
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Key Elements of a Learning Collaborative

- Focus on Learning from each other, not formal teaching/instruction (which should be used occasionally)
- Share best practices, lessons learned, challenges and disappointments
- Bring participants together on a regular basis
- Establish quantifiable, project-level goals and deadlines that all participants pursue; define the problem and the goal
- Require some minimum improvement (raise the floor)
- Should support the principles of continuous quality improvement
- Celebrate successes

RHP Learning Collaborative Requirements

- Each region/Anchor must conduct a minimum of 2 face-to-face regional learning collaborative meetings and 2 meetings via conference call in each demonstration year (DY)
- All performing providers are required to have at least one representative at each meeting
- Initial collaborative held in September 2013 counted toward LC requirement for DY 2
  - This meeting counts toward LC requirements for DY 3; one additional meeting and two conference calls will be scheduled between now and the end of September
- Anchor submitted Learning Collaborative plan for improvement in October as required by HHSC
Provider Responsibilities

• At each meeting, all providers are required to:
  • Provide updates on projects and progress towards meeting the team improvement targets
  • Actively participate in the development of meeting agendas to ensure collaborative is addressing issues of interest to the Provider
  • Provide recommendations on expert presenters for discussion sessions, when appropriate
  • Discuss best practices, challenges and successes
  • Serve in leadership capacity as needed

Semi-Annual and Bi-Weekly Learning Collaborative Requirements

• Several Providers have projects that include Quality Improvement milestones requiring participation in semi-annual learning collaboratives and/or bi-weekly learning collaboratives
• The Regional learning collaborative meetings WILL meet the requirements for semi-annual learning collaborative milestones
• Regional meetings do NOT meet requirements for bi-weekly learning collaborative milestones; as discussed at September meeting, providers are responsible for organizing and participating in bi-weekly meeting
• Providers must maintain appropriate documentation (meeting agendas, copies of sign-in sheets, meeting presentations, etc.) of meeting participation in order to demonstrate they met the required metric/milestone
Learning Collaborative Improvement Measures Requirements

• Region must select an improvement methodology
  • As discussed at September meeting, Region 4 will use Plan-Do-Study-ACT (PDSA) methodology
• Must select one or more key priorities for focus of group LC improvements
• In September, providers selected:
  • 1) Improve access to care and
  • 2) Improve patient engagement and responsibility through health education and care coordination activities
• Performing providers must participate in at least one of the two Targeted Improvement Teams; may participate in both

Targeted Improvement Team Requirements

• Each team must select one or more outcome measures for demonstrating improvement within each provider’s organization that is related to the Team Improvement Goal
  • For example, outcome improvement measures for tracking Improved Access to Care could include 1) an increase in the average number of patient visits per month; 2) a reduction in wait-time for an appointment; 3) an increase in the number of primary care providers and/or specialty providers
• Measures may vary by provider as long as they are appropriate for demonstrating progress throughout the length of demonstration period
• Will discuss in detail during breakout sessions
Requirements for Team Participants

• Each Targeted Improvement Team will select Team Leaders in breakout sessions today:
  • **Project Leader**: serves as coordinator of team activities
  • **Technical Improvement and Reporting Manager**: works closely with team to identify quantifiable goals for measuring team’s improvement progress; helps develop reporting requirements; provides assistance and develops reports for team
  • **Performing Provider Key Contacts**: each Performing Provider will designate a Key Contact who is responsible for ensuring the provider is represented at every collaborative meeting and coordinating communications with all other participants within his/her organization

Team Member Roles

• All Team Members are expected to contribute to the learning and sharing process as follows:
  • attend meetings or arrange for a substitute member from the organization
  • provide input on project activities
  • respond to requests for information or presentations
  • comply with any reporting requirements
  • work within your organization to identify appropriate staff and engage them in the learning collaborative process where appropriate
  • celebrate successes and learn from each other
Measuring and Reporting Progress and Accomplishments

• Teams are required to measure progress and report on accomplishments at semi-annual meetings
• Team will decide the measurement criteria for tracking progress, including what information to track, frequency of reporting, content of reporting templates and timeline for reporting periods
• The anchor will include in the annual report to HHSC an overview of Team activities and progress toward meeting the Region’s goals

Region-Wide “Raise-the-Floor” Initiative

• All providers must participate in at least one Region-wide “raise the floor initiative”
• These are simple improvements that everyone can do to improve performance
• Based on selection of initiative, tracking and reporting instructions will be provided to all Providers
• Future learning collaborative meetings will include a session to discuss progress and challenges related to the Region-wide initiative
Questions and Contact Info

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Dianne Longley:
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Catie Hilbelink:
Chilbelink@healthmanagement.com

512-473-2626
RHP 4
Regional Learning Collaborative
February 20, 2014

HHSC Updates and Future Learning Collaborative Plans
Linda Wertz, HMA

3 Year Projects

• Status of 3-Year DSRIP Projects
  • HHSC is still reviewing submitted projects prior to CMS review
  • Prioritized review of projects from Regions 5, 8, 17 and 20, who were not able to use a significant amount of their DSRIP allocation; HHSC anticipates review/approval will be completed in time to report DSRIP achievement in April 2014
  • Based on current schedule, expect all providers will be able to report DSRIP achievement no later than October 2014
  • A waiver amendment has been submitted to allow the state to use $345 million in unused DSRIP funds for 3-year projects associated with statewide priority initiatives
Phase 4: Plan Modification Requests

- HHSC has approved many of the requested modifications
- Requests that reduce scope of project activities or quantifiable patient impact will be flagged for mid-point assessment
- HHSC returned some projects to request more information; those projects have all been returned to HHSC for review last week
- One additional round of plan modification requests for DY 4 and 5 is expected in June or July 2014

Category 3 Update

- Category 3 menu revisions have been finalized by CMS/HHSC and are posted on the waiver website: http://www.hhsc.state.tx.us/1115-Waiver-Guideline.shtml
- In a webinar on Tuesday, Feb 18th, HHSC announced the due date for Provider selections/revisions is now scheduled for March 10th
- Providers will be required to review all measures and confirm you have no changes, edit existing measures to comply with changes in the Category 3 menu, or choose entirely new measures
Category 3 Update, cont.

- Many measures have been modified or deleted and replaced with new measures; HHSC spreadsheet on website includes both existing and new measures
- The Achievement methodology has also been revised; is posted on the HHSC website
- Measures include “Pay for Performance” (P4P) and “Pay for Reporting” (P4R)
  - Pay for Reporting is limited to those projects where a P4P measure is not available or applicable to your population
  - P4R will require what HHSC describes as prior approval, but the approval is actually part of the review process; you do not submit an approval request prior to your Cat 3 submission

Category 3 Update, cont.

- These revisions are significant and will require your immediate time and attention
- Review documents on HHSC website
- Review Category 3 menu options that apply to your projects
- Attend webinar on Monday, February 24, 1:30-3:00pm
- Be prepared to ask questions related to your projects
- Allow yourself sufficient time to work through the new project menus, templates and spreadsheets
# Key Waiver Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>February 24, 2014</td>
<td>Category 3 webinar hosted by HHSC</td>
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<tr>
<td></td>
<td>HHSC completes Phase 4 review</td>
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<tr>
<td>March 7 or 10, 2014</td>
<td>Provider revisions to Category 3 due to HHSC</td>
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<tr>
<td>April 1, 2014</td>
<td>HHSC target date for initial feedback on Category 3 measures requiring prior approval</td>
</tr>
<tr>
<td>Late April 2014</td>
<td>Results due from CMS on 3-Year projects</td>
</tr>
<tr>
<td>April 30, 2014</td>
<td>April DY3 milestone/metric achievement reporting and Semi-Annual Progress Reports due from providers</td>
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<tr>
<td>Early June 2014</td>
<td>HHSC approves April reports or requests additional information from providers</td>
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<tr>
<td>June 30, 2014</td>
<td>RHPs submit plan modifications for DY4-5</td>
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# Key Waiver Dates continued

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
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<tbody>
<tr>
<td>July 9, 2014</td>
<td>Estimated IGT due date for April DY3 milestone/metric achievement</td>
</tr>
<tr>
<td>Mid-July 2014</td>
<td>Providers supply additional information if necessary following April DY3 reporting</td>
</tr>
<tr>
<td>July 31, 2014</td>
<td>HHSC reviews and approves or disapproves additional information submitted by providers following April DY3 reporting</td>
</tr>
<tr>
<td>July 31, 2014</td>
<td>Estimated payment date for April DY3 reporting</td>
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</table>
All Dates Subject to Change

- Dates and Deadlines will continue to fluctuate
- It is imperative that providers stay informed on changes – including due dates – announced by HHSC
- Be sure you are looking at the most recent version of notices/due dates
- Be sure your organization has staff to cover these dates during summer vacations!

Questions and Contact Info

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RHP4 Provider Presentations

Learning Collaborative Meeting
February 20, 2014

Behavioral Health Center of Nueces County
### Behavioral Health Center of Nueces County
#### Summary Listing of RHP Projects

1. **Integrated Health Clinic** - Incorporation of primary preventive care into the existing behavioral healthcare service delivery system. The purpose is to reduce the number of potentially preventable hospitalization while increasing the effectiveness of holistic treatment by focusing on not only the recovery and rehabilitation of a person’s mind but their body as well.

2. **Peer Drop-In Center** - Aims to increase access to peer provided services for individuals receiving outpatient mental health services through the utilization of trained peer specialist.

3. **Social and New Media Outreach and Education** - Implementation of innovative systems for community outreach and education which will include a website and mobile applications incorporating social and electronic media.

4. **Dual Diagnosis Stabilization Clinic** - Provide outpatient crisis prevention and support staff development using National Association of Dual Diagnosis direct support certification and clinical competency standards for individuals with a dual diagnosis of intellectual or developmental disabilities and mental health.

### Behavioral Health Center of Nueces County
#### Project Successes and Accomplishments

1. **Integrated Health** - Identified a primary care provider, completion of policy and procedures, clinic manual, identified E/M codes for primary care and identified clinic staff. FNP provider started seeing clients in clinic on 2/05/14. Working with Texas A&M-Corpus Christi, College of Nursing and Health Sciences with providing education and training purpose. LCDC from Charlie’s Place completing brief screenings assessing clients for possible substance additions or abuse.

2. **Peer Drop-In Center** - Hired two Certified Peer Specialists. Identification of land/lto purchase for the location of drop-in center. Also have plans to purchase a building for the peer drop-in center.

3. **Social and New Media Outreach Campaign** - Currently developing a new center website which will now include video descriptions of services provided. Plans to create a center YouTube channel for education and outreach. Purchase of an LED sign for Youth Services which will also be used to disseminate educational info to the community.

4. **Dual Diagnosis Crisis Stabilization Clinic** - Identification of job descriptions, budget, program manual, and initial client roster.
# RHP 4 Learning Collaborative- Feb. 2014

## Behavioral Health Center of Nueces County

### Project Implementation Challenges

1. **Integrated Health** - Identifying a primary care provider and clinic space, “buy-in” from other staff members/caseworkers, identifying what E/M codes to use for documentation of services and billing. Transitioning from paper to electronic forms and data entry.

2. **Peer Drop-In Center** - Timeframe needed to secure location/facility for the center is close proximity to other clinics and accessible via public transportation.

3. **Social Media Education and Outreach** - Baseline data has been a challenge as new data collection methods have been implemented for psychiatric hospitalization. Implementation of best practices for social media in a healthcare organization as well as staff resource limitations.

4. **IDD Dual Diagnosis Stabilization Clinic** - Identification of a clinic location and staff experienced with persons diagnosed with intellectual disabilities.

### Opportunities for Collaboration with Other Providers

- **Integrated Health** - Feedback from other providers that have started the incorporation of primary care services in existing behavioral healthcare setting on challenges faced with clients. Which health conditions are treated in the clinic?

- **Social and New Media Outreach Campaign** - How are other providers using “new media” such as: Facebook, YouTube, Twitter, etc. Appointment reminders, education and follow ups. What has been the response from consumers?

- **Peer Drop-In Center** - What educational groups, classes, and information is being shared/offered at the Peer Run Drop-In Centers?
1. Patient Navigator - Bluebonnet Trails Community Services, in collaboration with Gonzales Memorial Hospital and the Community Health Centers of South Central Texas (FQHC), will implement a patient navigation project for frequent users of the ED due to chronic health conditions including behavioral health disorders. 2 RN's will be located at the Hospital and provide assessment, triage, diversion and referral. Those without PCP’s will be referred to establish ongoing care and a medical home. The target population is patients who have visited the Gonzales Memorial Hospital ED more than 5 times in a year.
### Bluebonnet Trails Community Services
**Project Successes and Accomplishments**

- RN’s have been hired and trained
- Offices are located within close proximity of the emergency department and referrals have been initiated
- We served our first patient 12/31/13
- We have served 21 patients to date and have connected 10 to a medical home

### Bluebonnet Trails Community Services
**Project Implementation Challenges**

- Development of a shared electronic medical record
- Internet connectivity and phone availability within the office setting of a rural hospital
- Compliance resistance and patient’s lack of knowledge regarding their disease
- Locating resources to assist with co-pays for medications
- Lack of transportation options
- Locating affordable medical equipment for client identified needs
RHP 4 Learning Collaborative- Feb. 2014

Bluebonnet Trails Community Services
Opportunities for Collaboration with Other Providers

- Has increased our knowledge of connecting patients to specialty services and availability of these services within the surrounding community
- Has created an opportunity to utilize the patient referral process to access hospital charity and indigent programs and Medicaid enrollment
- Has developed close working relationships with hospital staff for navigation of patient needs

Camino Real Community Services
# RHP 4 Learning Collaborative – Feb. 2014

**Camino Real Community Services**

**Summary Listing of RHP Projects**

<table>
<thead>
<tr>
<th>Project Description</th>
<th>Location</th>
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<tbody>
<tr>
<td>Mobile Crisis Outreach Team (MCOT) - Karnes County</td>
<td></td>
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<tr>
<td>Integrated Behavioral Health – Karnes County</td>
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## Project Successes and Accomplishments

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<tr>
<th>Success</th>
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<tbody>
<tr>
<td>1. Hired Senior MH specialist to Advise and Assist with 1115 Project Implementation</td>
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<tr>
<td>2. Identified Magnitude of Unmet Need</td>
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<tr>
<td>3. Designed and implemented relevant bilingual survey for our current consumers</td>
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<td>4. Assessed ease of Access to needed care</td>
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<tr>
<td>5. Researched and designed two job classes to fit our program: Health Care Coordinators (HCCs) and Behavioral Health Consultants (BHCs)</td>
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<tr>
<td>6. Developed cooperative working relationship with relevant FQHC</td>
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<tr>
<td>7. Identified and hired a Health Care Coordinator</td>
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<tr>
<td>8. For MCOT project we had two focus groups which identified the need for mobile crisis outreach services.</td>
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### RHP 4 Learning Collaborative - Feb. 2014

#### Camino Real Community Services

**Project Implementation Challenges**

1. Recruiting in the medically and behaviorally underserved area.
2. Constant mindfulness about the bilingual nature of our area.
3. Recognizing the organizational culture change required to fulfill this delivery system redesign goal.
4. For MCOT project the biggest challenge is locating qualified professionals who want to work as mobile crisis outreach workers.

#### Camino Real Community Services

**Opportunities for Collaboration with Other Providers**

1. We are maturing our relationship with our Karnes County FQHC and see that relationship as absolutely critical to Integrated Health roll out.
2. We are working with the County Outreach office to identify individuals in need of services.
CHRISTUS Spohn Health System

RHP 4 Learning Collaborative – Feb. 2014

CHRISTUS Spohn Health System
Summary Listing of RHP Projects

1. **Expand Primary Care** - Provide additional clinic space and providers
   - Corpus Christi
   - Alice
   - Beeville

2. **Chronic Disease Registry** - Implement registry for patients with CHF and Diabetes
   - Corpus Christi
   - Alice
   - Beeville
   - Kleberg

3. **Use of Telemedicine for Peripheral Arterial Disease Screenings and Diagnosis**
   - Corpus Christi
   - Alice
   - Beeville
   - Kleberg
### RHP 4 Learning Collaborative – Feb. 2014

**CHRISTUS Spohn Health System Summary Listing of RHP Projects**

<table>
<thead>
<tr>
<th>Project Description</th>
<th>Sites</th>
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<tbody>
<tr>
<td>4. Expand Specialty Care- Intensivist Program</td>
<td>Corpus Christi</td>
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<tr>
<td>5. Crisis Stabilization Unit</td>
<td>Corpus Christi</td>
</tr>
<tr>
<td>6. Psychiatric Mental Health Nurse Practitioner</td>
<td>Corpus Christi</td>
</tr>
<tr>
<td>7. Diabetes Cellphone Application</td>
<td>Corpus Christi</td>
</tr>
<tr>
<td>8. Care Transitions Program- Hospitalist Program</td>
<td>Corpus Christi</td>
</tr>
<tr>
<td>9. Primary Care Redesign- Increase Graduate Medical Education (GME) training</td>
<td>Corpus Christi</td>
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<tr>
<td>10. Physical and Behavioral Health Integration</td>
<td>Corpus Christi</td>
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<td></td>
<td>Alice</td>
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<tr>
<td>11. Enhance Medical Homes</td>
<td>Corpus Christi</td>
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<tr>
<td>12. Implement Bedside Medication Verification</td>
<td>Corpus Christi</td>
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<td>Alice</td>
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<tr>
<td></td>
<td>Beeville</td>
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<td></td>
<td>Kleberg</td>
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<tr>
<td>13. Computerized Physician Order Management</td>
<td>Corpus Christi</td>
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<td></td>
<td>Alice</td>
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<tr>
<td></td>
<td>Beeville</td>
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<td></td>
<td>Kleberg</td>
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<td>14. Sepsis</td>
<td>Corpus Christi</td>
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<td></td>
<td>Alice</td>
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<td></td>
<td>Beeville</td>
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<td>Kleberg</td>
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RHP 4 Learning Collaborative – Feb. 2014

CHRISTUS Spohn Health System
Summary Listing of RHP Projects

15. Care Management to Integrate Primary and Behavioral Health Needs
   • Corpus Christi
   • Beeville
   • Alice
   • Kleberg

16. Expand Care Transitions Program- Coverage Area and Diagnosis
   • Corpus Christi
   • Beeville
   • Alice
   • Kleberg

17. Hospital “Culture of Safety” Transformation- Implement Program of Rapid Process Improvement to Address Issues of Safety, Quality and Efficiency
   • Corpus Christi

RHP 4 Learning Collaborative- Feb. 2014

CHRISTUS Spohn Health System
Project Successes and Accomplishments

1. Care Transitions successfully implemented at one provider
2. Chronic Disease Registry training underway with “go-live” set for March 1st all sites
3. Telemedicine/PAD screening implemented at 2 of 4 sites
4. Expanded hours and number of providers in 2 primary care clinic sites
5. Diabetes glucometer/cell phone application project enrollment underway
6. Implementation of a Sepsis Screening Tool at all 4 sites
CHRISTUS Spohn Health System
Project Implementation Challenges

1. Technology
   • Rapidly changing technology required frequent plan modifications
   • Data acquisition from current clinic system
     • Manual process prior to EHR implementation
     • Decision support data limited to “reason for visit” restricting management of target population and sub-sets

2. Plan modification approval

CHRISTUS Spohn Health System
Opportunities for Collaboration with Other Providers

1. Access to Care: Crisis Stabilization Unit
2. Access to Care: Psychiatric Mental Health Nurse Practitioner Program – regional needs
3. Patient Engagement through Education and Care Coordination: Care Transitions
Citizens Medical Center

RHP 4 Learning Collaborative – Feb. 2014

Citizens Medical Center
Summary Listing of RHP Projects

1. Expand Primary Care Capacity
2. Design, Develop & Implement a Program of Continuous, Rapid Process Improvement
3. Expand (Existing) Primary Care Capacity
4. Development of Behavioral Health Crisis Stabilization Services as alternative to hospitalization.
RHP 4 Learning Collaborative- Feb. 2014

Citizens Medical Center
Project Successes and Accomplishments

Primary Care Capacity Expansion
• Coordinated effort with Community Health Centers of South Central Texas to improve primary care access now includes CMC staff members with the capability to schedule appointments prior to discharge or during the screening process.

Design, Develop & Implement a Program of Continuous, Rapid Process Improvement
• LEAN Teams created (Inpatient Discharge, ED Patient Flow, Medication Reconciliation, Sepsis Mortality, COPD Admissions & Readmissions) continue to impact organizational decisions and direction.
• Improved cost savings and process efficiencies continue to be monitored.

Expand Existing Primary Care Capacity
• Renovations to CMC building nearing completion with anticipated 03/01/14, opening.
• Emphasis on improved access to prenatal and women’s services.

Development of Behavioral Health Crisis Stabilization Services as alternative to hospitalization.
• In collaboration with Gulf Bend Center, an Extended Observation Unit was opened on 01/01/14.
• Latest data (01/2914) indicated 81 crisis referrals received in Unit.

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Citizens Medical Center
Project Implementation Challenges

Unexpected Barriers to Progress include:
• Technological challenges and system limitations
• Staffing, including illness and Holidays
• Construction delays
• Legal documents, including their review and execution
• Hybrid EMR and continued progress to full implementation of EMR
### RHP 4 Learning Collaborative- Feb. 2014

#### Citizens Medical Center
**Opportunities for Collaboration with Other Providers**

<table>
<thead>
<tr>
<th>Provider</th>
<th>Status</th>
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<tbody>
<tr>
<td>Community Health Centers of South Central Texas</td>
<td>ongoing</td>
</tr>
<tr>
<td>Gulf Bend Center</td>
<td>ongoing</td>
</tr>
<tr>
<td>Long Term Care Facilities (SNFs, LTACs, and Nursing Homes)</td>
<td>planning phase</td>
</tr>
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  - to improve transitions in patient care

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**Coastal Plains Community Center**
## RHP 4 Learning Collaborative – Feb. 2014

### Coastal Plains Community Center

#### Summary Listing of RHP Projects

1. Provide primary health care in 1 additional BH clinic (Beeville) for a total of 4 integrated clinics by DY3. FQHC will provide primary health care staffing and CPCC will hire 1 additional Navigator.

2. Provide Substance Abuse services in 2 additional BH clinics for a total of 3 substance abuse integrated clinics by DY3. SA providers will staff clinics with .75 FTE LCDC.

3. Purchase and implement ERS to share data between programs to achieve Level 4 interaction (close collaboration in a partially integrated system).

4. Continuously improve integration of primary and behavioral health services by demonstrating “plan, do, study, act” quality improvement cycles.

5. 1,000 individuals will receive both physical and behavioral health care at the established locations. 195 individuals will receive integrated substance abuse and Behavioral health services.

6. 250 individuals will have integrated recovery plans developed due to high health, mental health and/or substance abuse needs.

7. Decrease the “no show” appointments by 2.5% for behavioral and physical health services (doctor appointments).

8. Will show a 10% increase in positive results of the 4 health metrics (blood pressure, cholesterol, BMI, A1C) over DY2 baseline.

9. Decrease in preventable admission and readmission to psychiatric and other inpatient facilities. 250 out of the 1,000 individuals served in integrated care will report using outpatient primary care/psychiatric services instead of Emergency Room (ER) to address non-emergent health needs.

10. Will identify and reach out to patients who need to be brought in for preventative (e.g. dental) and ongoing care. 125 people in collaborative services will receive preventative health services.

11. Through consumer satisfaction surveys, 75% of people will report satisfaction with integrated care. The CSQ-8 will be implemented.
## RHP 4 Learning Collaborative- Feb. 2014

### Coastal Plains Community Center

#### Project Successes and Accomplishments

1. Three clinic sites were staffed with FQHC staff (PA, LVN, clerk) and CPCC hired 3 Navigators to register clients into integrated care, monitor doctor visits, provide health education and referrals. Integrated services were offered in DY2 in all three clinics.

2. The Center was able to provide integrated health services to a 138 individuals in a period of one month.

3. Navigators were extensively trained on our health metrics by Texas A&M-University Health and Science Education Center who are accredited by the American Diabetes Association.

4. The Center was able to develop 250 integrated recovery plans with service recipients.

5. Through the integrated substance abuse program, 60 individuals participated in I.O.P. and 40% successfully completed the program.

6. Signed contract with HINSTX to track hospital emergency room visits of persons served in Coastal Plains integrated care.

### RHP 4 Learning Collaborative- Feb. 2014

#### Coastal Plains Community Center

#### Project Implementation Challenges

1. There was a delay in providing integrated care in the three clinics. The delay was due to: FQHC pending approval for change of scope; obtaining finalized and signed agreements with FQHC and staffing issues with FQHC.

2. Due to a late start of integrated care, we were not able to meet the DY2 target of serving 500 persons. Have carried over this milestone to DY3.

3. Currently the change of scope does not cover service provision to individuals with a payer source. This is pending CMS approval to the FQHC.

4. Two milestones were not accepted due to the need for additional support documentation. One of the milestones was to establish a baseline for measuring increase in positive results of standardized health metrics. The other milestone is the integrated services of BH and SA. Support Documentation submitted and we are waiting for acceptance of milestones.

5. Pending approval related to SA services from HHSC.
RHP 4 Learning Collaborative- Feb. 2014

Coastal Plains Community Center
Opportunities for Collaboration with Other Providers

Currently collaborating with Christus Spohn Health system through bi-weekly collaborative meetings.

Collaboration with FQHC, Navigators, and COADA monthly.

Participating in RHP4 Learning Collaborative Meetings.

Community Center Consortiums have standing items on agenda to address DSRIP projects.

Texas Council of Community Centers provides conference calls, training opportunities, and other activities to assist centers in meeting outcomes.

Collaboration with Texas A&M-Health and Science Education Center.

Collaboration with local pharmacies to provide greater access to 340B medications.

Corpus Christi Medical Center
**RHP 4 Learning Collaborative – Feb. 2014**

**Corpus Christi Medical Center**  
**Summary Listing of RHP Projects**

1. Increase access to primary care - Amistad FQHC  
2. Increase training of primary care physicians – Residency program expansion  
3. Increase training of specialty care physicians – Fellowship programs  
4. Increase access to behavioral health programs – PHP/IOP expansions  
5. Implement Chronic Disease Registry  
6. Improve Care Transitions  
7. Process Improvement - Sepsis

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**RHP 4 Learning Collaborative- Feb. 2014**

**Corpus Christi Medical Center**  
**Project Successes and Accomplishments**

**Residency Programs**  
- Increased approved positions for FP/IM by 6. Enrollment increased by 8 to 34 with goal to get to 40  
- Received approval for 3 Pulmonary Fellowship positions and 4 Cardiology Fellowship positions. Expect at least 2 enrolled with 7/1/14 class.

**PHP/IOP**  
- Opened 3rd IOP at NW 10/7/13. Average daily patient volumes between 2 – 3.

**Care Transitions**  
- Daily reporting of 30 day readmissions_all cause_all financial classes  
- Improved identification of PCP upon admission  
- Nursing education_teachback  
- Improved identification of "non patient" contact for discharge instructions

**Sepsis**  
- Benchmark data finalized. Dashboard developed. Monthly reporting of key metrics.  
- Standard order sets drafted
## Recruitment/Retention of Physicians
- Amistad
- Residency/Fellowship Programs
- PHP/IOP

## Make or Buy
- Chronic Disease Registry

## Post Discharge Follow Up
- PCP identification
- Appointments
- Care Coordination
- Support/Transportation

## Care Transitions
- BDP
- Coordination of Resources
- Data Exchange

## PHP/IOP
- MHMR
- Physician Offices

## Sepsis
- BDP
Corpus Christi-Nueces County
Public Health District

RHP 4 Learning Collaborative – Feb. 2014

Summary Listing of RHP Projects

1.) 1.3.1 Implement a Chronic Disease Management Registry (Diabetes); Implement/enhance and use chronic disease management registry functionalities.

2.) 2.6.3 Implement an innovative and evidence-based health promotion program; Engage community health workers in an evidenced-based program (Diabetes Self-Management Education/Support) to increase health literacy of a targeted population.

3.) 2.7.5 Implement innovative evidence-based strategies (MEND) to reduce and prevent obesity in children and adolescents.

4.) 2.9.1 Establish/Expand a Patient Care Navigation Program (Replacement Project – CMS approval pending)
### Project Successes and Accomplishments

1.) **1.3.1**
   - Close collaboration w/ Health Information Network of South Texas (HINSTX) and community clinic partners to set-up/implement HiE and registry (software/hardware, training, legal contracts, etc.)
   - In-house Diabetes Registry set-up

2.) **2.6.3**
   - Diabetes Professional Consultant hired.
   - Request for Proposals (RFP) issued per governmental organization procurement policies/laws.

3.) **2.7.5**
   - Request for Qualifications (RFQ) issued and awarded to organizations within RHP to implement MEND program.
   - CCNCPHD staff hired to manage/implement MEND program within health district and in collaboration w/ MEND delivery partners.
   - MEND training of CCNCPHD and delivery partners in progress.

### Project Implementation Challenges

1.) **1.3.1**
   - Legal/Security (HIPPA) contracts
   - Pricing w/ HINSTX not secured yet

2.) **2.6.3**
   - Lengthy procurement process (still in progress)
   - Service contracts not awarded

3.) **2.7.5**
   - Lengthy procurement process (delivery partners awarded in December 2013)
   - Lengthy hiring process – new positions
# Opportunities for Collaboration with Other Providers

1.) **1.3.1**
   - Collaboration with other organizations linked to HIE for patient/client care coordination.

2.) **2.6.3**
   - Referrals/Collaboration with providers who may have patients/clients in need of Diabetes Self-Management Education/Support (DSME/S) services.

3.) **2.7.5**
   - Referrals/Collaboration with providers who may care for families that have overweight/obese children and/or adolescents in need of intervention.

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Cuero Community Hospital
RHP 4 Learning Collaborative – Feb. 2014

<table>
<thead>
<tr>
<th>CUERO COMMUNITY HOSPITAL</th>
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<tbody>
<tr>
<td>Summary Listing of RHP Projects</td>
</tr>
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</table>

- 1. Expand existing primary care capacity

## Project Successes and Accomplishments

The hospital has taken over ownership of 4 physician practices which were closed by the former owner. This has kept current access to primary care available.

The hospital owning the clinics has given the community a sense of stabilization. With the knowledge that the clinics will remain open, there has been an increase of patient visits.
### Project Implementation Challenges

<table>
<thead>
<tr>
<th>Challenges</th>
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</thead>
<tbody>
<tr>
<td>Contracting with providers</td>
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<tr>
<td>Cash flow required until new Medicare and Medicaid numbers are assigned.</td>
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<tr>
<td>Negotiating clinic insurance contracts</td>
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<tr>
<td>Capital to furnish equipment 4 new clinics</td>
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</table>

### Opportunities for Collaboration with Other Providers

<table>
<thead>
<tr>
<th>Opportunities</th>
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</thead>
<tbody>
<tr>
<td>Knowledge in how to start new primary care clinics</td>
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<tr>
<td>Physician contract/employment models</td>
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</table>
DeTar Healthcare System

RHP 4 Learning Collaborative – Feb. 2014

<table>
<thead>
<tr>
<th>DeTar Healthcare System</th>
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<tbody>
<tr>
<td>Summary Listing of RHP Projects</td>
</tr>
<tr>
<td>1. Expand behavioral health services</td>
</tr>
<tr>
<td>2. Implement program to reduce chronic disease admission rates</td>
</tr>
<tr>
<td>3. Expand Primary Care through training (Family Medicine Residency)</td>
</tr>
<tr>
<td>4. Expand pre-natal services to rural areas</td>
</tr>
</tbody>
</table>
### DeTar Healthcare System

#### Project Successes and Accomplishments

1. Family Medicine Residency program approved by ACGME. Final approval will be in June of 2014.
2. Program Director will start April 15th, 2014 and begin seeing patients shortly thereafter.
3. Pre-natal services have been expanded into rural areas and have showed impact on delivery outcomes.
4. A second LCSW has been recruited to help us meet the needs of patients within the Intensive Outpatient Program (extended hours).
5. Chronic disease education program has been well received and has been integrated into several community organizations.
6. Chronic disease readmissions rates have decreased as well as ED visits for chronic diseases.

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### DeTar Health System

#### Project Implementation Challenges

1. Referrals from Primary Care Physicians for chronic disease program.
2. Patients facing socioeconomic and geographical barriers to programs.
3. Lack of information exchange.
4. Transportation for patients.
5. Community understanding of 1115 waiver.
1. Chronic Disease admission program – ED and inpatient
2. Behavioral Health – Extended Observation Unit
3. Residency – Adjunct clinical staff within the community

Driscoll Children’s Health System
# RHP 4 Learning Collaborative – Feb. 2014

## Driscoll Children’s Health System

### Summary Listing of RHP Projects

<table>
<thead>
<tr>
<th>Project</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Improve Access to Specialty Care Capacity - Endocrinology</td>
</tr>
<tr>
<td>2. Improve Access to Specialty Care Capacity – Maternal Fetal Medicine</td>
</tr>
<tr>
<td>3. Expand Oral Health Services</td>
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<tr>
<td>4. Introduce Telemedicine/Telehealth</td>
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<tr>
<td>5. Implement Evidence-based Health Promotion Programs</td>
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<tr>
<td>6. Implement Care Transition Program</td>
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<tr>
<td>7. Expand Primary Care Capacity</td>
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</tbody>
</table>

## RHP 4 Learning Collaborative- Feb. 2014

## Driscoll Children’s Health System

### Project Successes and Accomplishments

<table>
<thead>
<tr>
<th>Success/accomplishment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Increased staffing and clinic locations for our Maternal Fetal Medicine program</td>
</tr>
<tr>
<td>2. Increased marketing and outreach efforts by raising awareness of our Urgent Care centers</td>
</tr>
<tr>
<td>3. Telemed contracted providers to increase access to care</td>
</tr>
<tr>
<td>4. The Cadena de Madre Program have increased staffing efforts, locations, and marketing with our service communities</td>
</tr>
<tr>
<td>5. The Endocrinology projects have increased staffing and clinic locations</td>
</tr>
<tr>
<td>6. Established a High Risk Follow-up Program specialized for patients discharged from the NICU</td>
</tr>
<tr>
<td>7. The Oral Health project have incentivized providers to increase services</td>
</tr>
</tbody>
</table>
### Driscoll Children's Health System Project Implementation Challenges

1. Patient adherence to provider instructions and maintaining compliance
2. Patient No-Show to scheduled appointments
3. Changing the current culture
4. Recruitment of skilled staff in remote locations
5. Patient immigration status
6. Lack of patient transportation for services
7. Retrieving patient follow-up information for tracking purposes
8. Communication between primary care providers and specialists
9. Physician specialty shortages in rural or remote areas

### Driscoll Children's Health System Opportunities for Collaboration with Other Providers

1. Continuity of care with primary care providers
2. Tele-med opportunities to collaborate (i.e. communicating with patient shared facilities)
Gulf Bend Center

RHP 4 Learning Collaborative – Feb. 2014

GULF BEND CENTER
Summary Listing of RHP Projects

1. Development of behavioral health crisis stabilization services as alternatives to hospitalization (Crisis Assessment Center with Medical Clearance)
2. Use telehealth to deliver to specialty, psychosocial, and community-based nursing services
3. Integrate Primary and Behavioral Health Care Services
### GULF BEND CENTER

#### Crisis Assessment Center with Medical Clearance

We have developed a relationship and proactive recruitment plan with the University of Houston-Victoria and Victoria College. We are currently providing crisis assessments from 8am to 7pm at the Center without the medical clearance component. Collaboration with local hospitals, FQHC, and other providers for guidance on the development and implementation of the needed physical health policies and procedures and the staffing of primary care providers.

#### Telehealth Expansion

Gulf Bend Center has increased its bandwidth and continues to monitor capacity. Gulf Bend Center has placed equipment in community locations and most recently, opened an Extended Observation Unit in Citizen’s Medical Center, providing another opportunity to expand the use of telemedicine.

#### Integrate Primary and Behavioral Health Care

Partnering with Detar and their primary care expertise, we began providing chronic disease management and education on February 2.

### GULF BEND CENTER

#### Project Implementation Challenges

#### Crisis Assessment Center with Medical Clearance

Communicating to stakeholders that the Crisis Assessment Center is an appropriate diversion from emergency departments, especially to law enforcement who routinely take patients to the ED out of habit. Recruitment of mid-level primary care providers to rural communities.

#### Telehealth Expansion

Gaining support and cooperation of primary care providers in the consistent utilization of telehealth equipment. Identifying the most appropriate technology to utilize in our rural areas. Sharing of patient health information is particularly challenging with regard to substance abuse diagnoses and electronic health records (e.g. limiting access).

#### Integrate Primary and Behavioral Health Care

Recruiting and selecting primary care providers is a challenge for us due to our lack of experience in providing primary health care. Even more difficult is recruiting primary care providers with experience in behavioral health.
<table>
<thead>
<tr>
<th>GULF BEND CENTER</th>
<th>Opportunities for Collaboration with Other Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recruitment of primary care providers to rural areas.</td>
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<tr>
<td>Enhancement of telehealth program and equipment.</td>
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<tr>
<td>Behavioral health crisis stabilization services as alternatives to hospitalization and the development of protocols with regard to medical clearance.</td>
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</tr>
</tbody>
</table>

Jackson County Hospital District
### Summary Listing of RHP Projects

1. Expand specialty care capacity with outpatient pulmonary rehabilitation clinic for Medicaid and low income, uninsured patients with COPD and other respiratory conditions.

### Project Successes and Accomplishments

1. Determine need and develop plan to meet need.
2. Obtain board and community buy-in.
3. Acquire building for clinic and renovate space.
4. Negotiate management agreement with service provider.
5. Educate hospital staff and referral base.
6. Open clinic to patients.
RHP 4 Learning Collaborative- Feb. 2014

JACKSON COUNTY HOSPITAL DISTRICT
Project Implementation Challenges

1. Educating clinic service provider.
2. Re-directing patients from ED to clinic.
4. Navigating the 1115 process.

RHP 4 Learning Collaborative- Feb. 2014

JACKSON COUNTY HOSPITAL DISTRICT
Opportunities for Collaboration with Other Providers

1. 1115 process strengthened relationships with Citizens Medical Center and DeTar Hospital.
2. Creating a bigger safety net with more access to care.
Lavaca Medical Center

RHP 4 Learning Collaborative – Feb. 2014

Lavaca Medical Center
Summary Listing of RHP Projects

1. Expand existing primary care capacity through addition of primary care physician providers.
**RHP 4 Learning Collaborative- Feb. 2014**

**Lavaca Medical Center**  
**Project Successes and Accomplishments**

LMC has completed a planning process that resulted in a written plan providing strategies and guidance on how Lavaca Medical Center will achieve our goals of both expanding our clinic’s staffing (additional primary care physicians) and the clinic’s patient service hours.

LMC hired a physician who commenced practice in January of 2013. She quickly gained acceptance with both our community and our staff.

With the early recruitment and hiring success, we have been able to get a head start on the DY 3 milestone of increasing the # of patients seen.

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**RHP 4 Learning Collaborative- Feb. 2014**

**Lavaca Medical Center**  
**Project Implementation Challenges**

- Recruiting primary care physicians to a rural practice.
- Creating efficient reports with ‘small information system’ restraints.
  - a. Demonstrate increased walk-in or appointment time frames.
  - b. Identifying clinic patients in support of the Cat 3 milestones for ED-appropriate utilization
Lavaca Medical Center
Opportunities for Collaboration with Other Providers
Successful strategies for recruitment of primary care physicians to LMC’s rural setting and rural practice.

Memorial Hospital (Gonzales)
RHP 4 Learning Collaborative – Feb. 2014

MEMORIAL HOSPITAL (Gonzales)
Summary Listing of RHP Projects

1. 121785303.1.1 – Expand existing primary care capacity (Waelder Medical Clinic)
2. 121785303.1.3 – Implement remote patient monitoring program for diagnosis and/or management of care (Home Health)
3. 121785303.2.1 – Implement palliative care program to address patients with end-of-life decisions and care needs (Home Health)
4. 121785303.2.2 – Implement innovative evidence-based strategies to reduce or prevent obesity in children and adolescents (“Get Healthy Gonzales”)
5. 121785303.1.100 – Implement remote patient monitoring program for diagnosis and/or management of care (Sievers Medical Clinic)

RHP 4 Learning Collaborative– Feb. 2014

MEMORIAL HOSPITAL (Gonzales)
Project Successes and Accomplishments

1. 121785303.1.1 – Ahead of schedule on expanding clinic hours. Instead of having to increase hours by 4 a week each year until open full time, have already achieved full time status. The process of hiring a new mid-level practitioner took longer than initially anticipated. Plans for a new building which would facilitate a larger patient load had to be pushed back. However, initial data suggests ER visits have been reduced.
2. 121785303.1.3 – Have secured vendor, trained staff and begun home monitoring of patients. Initial data suggests ER visits have been reduced.
3. 121785303.1.100 – (Three year project) Have secured vendor and ordered equipment. Will be able to implement soon.
MEMORIAL HOSPITAL (Gonzales)
Project Implementation Challenges

1. 121785303.2.1 – Resistance to acceptance of palliative care program due to failure to understand purpose and ability to identify patients who may be eligible.

2. 121785303.2.2 – Although initially on board with program, school officials have been less than cooperative with assisting in identifying students. In addition, we have been unable to find someone to manage the program due to the part time nature of the program and limited facilities in which to hold the program.

MEMORIAL HOSPITAL (Gonzales)
Opportunities for Collaboration with Other Providers

We have been working with Bluebonnet Trails MHMR on one of their projects. They have placed two nurses in our facility to evaluate patients who utilized the ER for primary care or on a frequent basis in order to assist them with finding alternative sources of care.
Otto Kaiser Memorial Hospital

Summary Listing of RHP Projects

1. 136412710.1.1 Introduce Telemedicine to provide Neurology services in our service area.
### Otto Kaiser Memorial Hospital
#### Project Successes and Accomplishments

2. Since Implementation, 9 consults have been done. Both ER and MedSurge have utilized the system.
3. Successful administration of TPA with positive outcome.
4. This project has led to the introduction of tele-cardiology as well.

### Otto Kaiser Memorial Hospital
#### Project Implementation Challenges

1. IT Challenges
2. Getting Staff Trained
3. Encouraging ER physicians, EMS personnel, and hospital staff to communicate before patient arrival so that consults can take place as soon as possible after the patients gets to our facility.
4. Expediting Transfers
RHP 4 Learning Collaborative - Feb. 2014

Otto Kaiser Memorial Hospital
Opportunities for Collaboration with Other Providers

1. Port Lavaca—This is a hospital of similar size to ours, and they have many of the same systems in place that we do. Tele-Neurology is one that they have, which will enable us to share experiences, and hopefully help both of us to improve our programs.

Refugio County Memorial Hospital
### Refugio County Memorial Hospital

**Summary Listing of RHP Projects**

1. (1.1.2) Expand Primary Care Capacity.

### Refugio County Memorial Hospital

**Project Successes and Accomplishments**

1. Hired Dr. Brent L. Pennington on August 1, 2013, which brought the total full-time clinic physician count to three. (There is also one full-time Physician’s Assistant and one full-time Nurse Practitioner)

2. Partially renovated the Refugio Rural Health clinic to add an additional exam room, and two offices.

3. Expanded the Clinic Hours. The clinic is now open on Saturday from 8 a.m. until 4 p.m. Currently the RHC is averaging 9 patients on Saturdays.

4. Clinic Volume for the last quarter of 2013 increased 20% over the last quarter of 2012.
### Refugio County Memorial Hospital
#### Project Implementation Challenges
1. Difficult to recruit physicians to rural areas.
2. Dr. Pennington did not have a Texas Medical License when the recruitment process began. The process of obtaining his Texas Medical License was lengthy and costly.

### Refugio County Memorial Hospital
#### Opportunities for Collaboration with Other Providers
1. Currently working with Detar Hospital and their pre-natal program.
2. Currently working with Detar Hospital to establish a Chronic Disease Care management program.
RHP 4 Learning Collaborative – Feb. 2014

<table>
<thead>
<tr>
<th>Yoakum Community Hospital</th>
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<tbody>
<tr>
<td>Summary Listing of RHP Projects</td>
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</tbody>
</table>

1. Primary Care – Yoakum is expanding its available primary care clinic capacity through construction of new medical office space and recruiting additional primary care providers to the community. Yoakum expects one new family practice / OB physician to begin providing services in the next month and its new clinic space will be available for patients starting April 1, 2014.

2. Specialty Care – Yoakum has evaluated the needs of the community and is working to expand services in cardiology and nephrology. Yoakum has added one cardiologist and expects an additional cardiologist to begin providing services in the near future. Yoakum is also expecting a dialysis clinic to break ground soon and for services to commence within the next year.
Yoakum Community Hospital has successfully expanded its capacity to provide primary and specialty care and expanded the number of providers and staff members providing services. Yoakum has also successfully recruited several new physicians to the community and provided opportunities for expanded availability for other physicians.

The greatest challenge we face as a rural provider is recruiting and retaining physicians. While we have seen some success through our DSRIP projects, this is a constant struggle. Additionally, our expansion of primary care services has faced construction-related delays, making project management a challenge recently. The work involved in these projects has also caused Yoakum to require additional staffing to keep up with our projects and the reporting required.
Yoakum believes that rural providers face similar challenges in maintaining a variety of services for patients. While our projects are specific to recruiting physicians to expand our primary and specialty care capacity at Yoakum, the learning collaborative provides the opportunity for providers to share experiences with the challenges and solutions for recruiting physicians to rural facilities, as well as the difficulties faced by our patient population.